7 Steps to Informed Consent

All Tantric Journey Therapists are bound by the Tantric Journey Code of Ethics to seek informed consent from all of their clients before beginning any therapy session.

These 7 Steps will help to ensure the very best standards of client care are maintained and that a client is capable of giving informed consent.

**STEP 1 - KEY FACTS**  verbal
General explanation of treatment benefits, indications, contraindications and alternative approaches

**STEP 2 - DOCUMENTATION**  written
Completion of well-being questionnaire by client

**STEP 3 - MANAGING EXPECTATIONS**  verbal
Clear discussion about what the treatment can and can't provide further what the therapist can and can't provide/ deliver

**STEP 4 - INFORMATION FACTS**  written
Written information to support points 1 & 2 often in the form of a brochure

**STEP 5 - BUSINESS & PROFESSIONAL POLICIES / PROCEDURES**  verbal
This discussion should include a clear explanation and disclosure of code of ethics, joint confidentiality, limits of confidentiality, treatment plan, and complaints procedures etc

**STEP 6 - PROFESSIONAL POLICY STATEMENT**  written
A copy of your professional policy statement should be displayed in your therapy space & a copy given to the client for reference

**STEP 7 - CLIENT CONSENT FORM**  written
The client can now sign the consent form as only now have they been provided with all the information necessary to make an informed decision to sign the consent form.